

## Foundation Semester 1

### Preparing for Stage 1

#### Area 1: Alphabet Sounds

Foundation Semester 1  
Consonants: s, t, n, p, c, h, m, d, r, g, l, f, b, w, j, z, v, y, k  
Vowels: a, i, e, o, u

#### Alphabet Sounds:

- Group 1: s, a, t, p, i, n
- Group 2: c, h, m, d, r, e
- Group 3: g, l, f, b, o, u
- Group 4: w, j, z, v, y, k

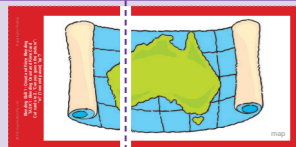
### Skill Area 2: Letter Formation

REFERENCE CARD: VISUAL CUES FOR LETTER GROUP 1  
REFERENCE CARD: VISUAL CUES FOR LETTER GROUP 2

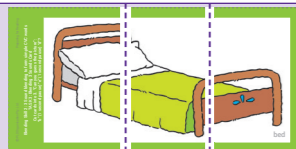
### Skill Area 3: Phonemic Awareness

#### Blending (for Decoding)

**Step 1:** Onset & rime blending.  
e.g. What is this word? m-ap?

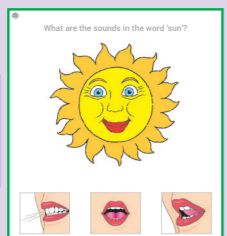


**Step 2:** Three phoneme blending.  
e.g. What is this word? b-e-d?



### Segmentation (for Spelling)

What are the sounds in the word 'sun'?



### Early Stage 1 (Target 1)

Foundation Semester 1  
Consonants: s, t, n, p, c, h, m, d, r, g, l, f, b, w, j, z, v, y, k  
Vowels: a, i, e, o, u

#### Alphabet Sounds:

- Group 1: s, a, t, p, i, n
- Group 2: c, h, m, d, r, e
- Group 3: g, l, f, b, o, u
- Group 4: w, j, z, v, y, k

Foundation Semester 1  
High Frequency Words: an, at, in, it, am, hat, red, met, step, man, dad, did, set, ran, had, him, fan, oat, sad, pet, men, bad, top, get, out, from, bag, big, pig, dog, but, stop, bed, pig, got, hot, mum, frog, leg, bit, hot, run, sun, fun, lot, not, jet, yes, kid, swim, was, the

#### Regular High Frequency Words:

- Alphabet Group 1 Words:**
- VC:** an, at, in, it
- CVC:** sat, sit
- Alphabet Group 1 & 2 Words:**
- VC:** am
- CVC:** can, man, ran, cat, hat, dad, had, sad, red, did, him, pet, met, set, ten, men
- CCVC:** step
- Alphabet Group 1, 2 & 3 Words:**
- VC:** on, us, up, if
- CVC:** bad, bag, bed, leg, sun, let, top, big, pig, bit, fun, get, dog, got, hot, lot, cut, but, mum, run, not
- CCVC:** from, stop, frog
- Words From the Full Alphabet:**
- CVC:** jet, yes, kid
- CCVC:** swim

#### Irregular High Frequency Words:

a, I, is, his, as, has, of, was, the

## Foundation Semester 2

### Mid Stage 1 (Target 2 & 3)

Foundation Semester 2  
Consonants: s, t, n, p, c, k, ck, h, m, d, r, g, l, f, b, w, wh, j, z, v, y, k, sh, ch, th, ph, x, qu  
Short Vowels: a, i, e, o, u  
Long Vowels: ee, oo, oo

#### Phonic Concepts:

sh, ch, ck, th & th, wh, x, ee, short oo, long oo, qu

Foundation Semester 2  
High Frequency Words: fish, shop, shot, finished, wish, back, pick, duck, sick, look, chicken, o'clock, black, when, which, box, six, fox, much, chip, such, lunch, feet, teeth, green, keep, week, sleep, need, queen, see, three, than, this, that, with, them, think, then, thank, book, pool, good, took, cool, look, food, too, moon, foot, room, zoo, soon, to, who, di, er, one, what, two, and, you, have, they, again, rain, start, shark

#### Regular High Frequency Words:

- sh:** fish, shop, shot, finished, wish
- ch:** much, chip, such, lunch
- ck:** back, pick, duck, sick, kick, chicken, o'clock, black
- th & th:** than, this, that, with, them, think, then, thank
- wh:** when, which
- x:** box, six, fox
- ee:** been, seem, tree, feet, teeth, green, keep, week, sleep, need, queen, see, three
- long & short:** book, pool, good, took, cool, look, food, too, soon
- oo:** moon, tooth, room, zoo, soon
- VCC & CVCC:** and, cold, land, must, jump, end, gold, left, pink, went, hand, told, list, just, wind, felt, hold, best, milk, old, help, lost, next

#### Irregular High Frequency Words:

me, we, be, she, he, to, who, do, into, are

## Year 1 Semester 1

### Late Stage 1 (Target 4)

Year 1 Semester 1  
Consonants: s, t, n, p, c, k, ck, h, m, d, r, g, l, f, b, w, wh, j, z, v, y, k, sh, ch, th, ph, x, qu  
Short Vowels: a, i, e, o, u  
Long Vowels: ee, oo, oo

#### Phonic Concepts:

ng, n, er, or, ai, ay, oi, oy, ar, al(l)

Year 1 Semester 1  
High Frequency Words: along, sing, bring, song, king, thing, long, for, morning, form, or, horse, buy, toy, oil, point, drink, until, plant, upon, slept, away, dry, car, card, dark, far, farm, garden, hard, park, part, star, start, shark, ever, river, her, sister, never, under, number, may, play, stay, way, today, again, rain, start, shark, one, what, two, and, you, have, they

#### Regular High Frequency Words:

- ng:** along, sing, bring, song, king, thing, long
- er:** ever, river, her, sister, never, under, number
- or:** for, morning, form, or, horse
- oy:** boy, toy
- oi:** oil, point
- al(l):** all, small, ball, football, call
- ay:** away, day, may, play, say, stay, way, today
- ai:** again, rain
- ar:** car, card, dark, far, farm, garden, hard, park, part, star, start, shark
- VCCV, VCCVC, CCVC:** drink, until, plant, upon, slept

#### Irregular High Frequency Words:

so, go, no, one, what, two, said, you, have, they

## Year 1 Semester 2

### Early & Mid Stage 2

Year 1 Semester 2  
Consonants: s, t, n, p, c, k, ck, h, m, d, r, g, l, f, b, w, wh, j, z, v, y, k, sh, ch, th, ph, x, qu  
Short Vowels: a, i, e, o, u  
Long Vowels: ee, oo, oo

#### Phonic Concepts:

ff, ll, zz, a-e, ea, e-e, i-e, oa, oe, o-e, ow, u-e,

Year 1 Semester 2  
High Frequency Words: boat, goal, road, hobby, asleep, between, weekend, eat, still, spell, well, hill, tell, killed, will, beach, ice-cream, team, each, leave, read, teacher, tea, real, season, eat, sea, really, mean, ate, gave, plane, cake, late, same, came, made, snake, cave, make, state, game, name, take, e, these, bike, life, ride, while, fire, like, side, white, five, line, slide, hide, mile, time, inside, nine, tired, broke, clothes, home, those, close, drove, rode, woke, cute, use

#### Regular High Frequency Words:

- oa:** boat, goal, road
- ow:** follow, show, snow, yellow, window, grow, own, below
- ay:** holiday
- multisyllable:** dragon, second, forest, seven
- double letters:** off, add, egg
- ss:** across, dress, miss
- ll:** fell, still, spell, well, hill, tell, killed, will
- ee:** asleep, between, weekend
- ea:** beach, ice-cream, team, each, leave, read, teacher, tea, real, season, eat, sea, really, mean
- a\_e:** ate, gave, plane, cake, late, same, came, made, snake, cave, make, state, game, name, take
- e\_e:** these
- i\_e:** bike, life, ride, while, fire, like, side, white, five, line, slide, hide, mile, time, inside, nine, tired
- o\_e:** broke, clothes, home, those, close, drove, rode, woke
- u\_e:** cute, use

#### Irregular High Frequency Words containing more complex patterns:

- e as /ee/:** even
- a as /or/:** water
- a as /o/:** want, watch
- u as /oo/:** put, pull
- a as /ar/:** after, ask, father, last

#### Irregular High Frequency Words:

people, their, there, where, come, some, something, sometimes, someone

## Year 2 Semester 1

### Late Stage 2

Year 2 Semester 1  
Consonants: s, t, n, p, c, k, ck, h, m, d, r, g, l, f, b, w, wh, j, z, v, y, k, sh, ch, th, ph, x, qu  
Short Vowels: a, i, e, o, u  
Long Vowels: ee, oo, oo

#### Phonic Concepts:

kn, ve, y, i, ie, ew, ue, aw, ir, ur, ow, ou

Year 2 Semester 1  
High Frequency Words: teacher, together, paper, better, versus, monster, dinner, yesterday, person, letter, sleepover, different, bird, first, girl, birthday, hurt, turn, Thursday, Saturday, church, about, mouse, round, around, our, out, found, shouted, sound, ground, outside, without, house, playground, brown, flower, now, down, how, town, buddy, study, footy, twenty, funny, yummy, happy, body, puppy, story, quickly, party, give, having, live, leave, die, Wednesday, game, by, were, Turkey

#### Regular High Frequency Words:

- er:** teacher, together, paper, better, versus, monster, dinner, yesterday, person, letter, sleepover, different
- ir:** bird, first, girl, birthday
- ur:** hurt, turn, Thursday, Saturday, church
- ou:** about, mouse, round, around, our, out, found, shouted, sound, ground, outside, without, house, playground
- ow:** brown, flower, now, down, how, town
- y:** buddy, study, footy, twenty, funny, yummy, happy, body, puppy, story, quickly, party
- y:** by, crying, fly, my, try, why
- i:** kind, Friday, find
- ue:** blue
- ew:** few, flew, new, threw
- aw:** saw, draw
- kn:** know
- v:** give, having, live, leave

#### Irregular High Frequency Words containing more complex patterns:

- o as /u/:** above, another, won, mother, other, Monday, love, month
- o as /oa/:** only, over, open
- or as /er/:** word, world, work
- /schwa/:** animal
- ore as /or/:** more

#### Irregular High Frequency Words:

does, gone, were, here, Wednesday, buy, Tuesday

## Year 2 Semester 2

### Stage 3

Year 2 Semester 2  
Consonants: s, t, n, p, c, k, ck, h, m, d, r, g, l, f, b, w, wh, j, z, v, y, k, sh, ch, th, ph, x, qu  
Short Vowels: a, i, e, o, u  
Long Vowels: ee, oo, oo

#### Phonic Concepts:

se, ce, mb, wh, ge, dge, se, ze, tch, oul, igh, ou, ui, oor, oard, ear, eer, air, are

Year 2 Semester 2  
High Frequency Words: air, fairy, hair, bear, are, ou, oul, al, oar, our, ear, se, ce, o, wh, mb, tch, ge, igh, ou, ui, oor, oard, ear, eer, air, are

#### Regular High Frequency Words:

- air:** air, fairy, hair
- ear:** bear
- are:** parent, scared, scary
- ou:** group
- oul:** could, should, would
- al:** talk, walk
- oar:** door
- our:** four, your
- ear:** dear, hear, near, year
- se:** please, present
- ce:** face, nice, place, race, space, prince
- o:** both, don't, most
- wh:** whole
- mb:** climbed
- tch:** match, witch
- ge:** change, orange, page, large
- igh:** fight, high, light, might, night, right

#### Irregular High Frequency Words containing more complex patterns:

- au as /ar/:** aunty, laughed
- ear as /er/:** earth, heard, learn
- c as /s/:** city, excited, princess, sentence
- au as /o/:** because
- au/augh as /or/:** caught, dinosaur

#### Irregular High Frequency Words:

ghost, often, hour, guys, autumn, answer, castle, write