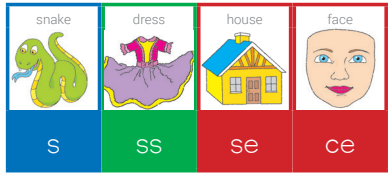
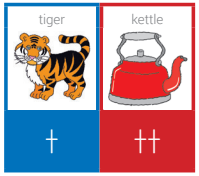
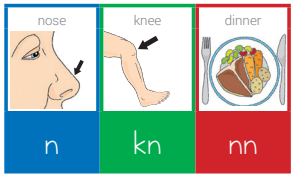
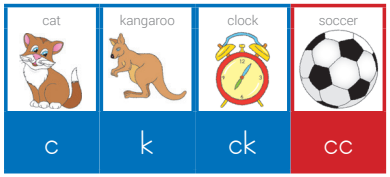
From
Year 3

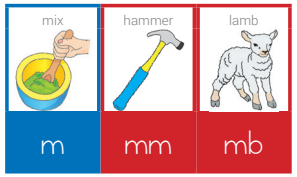
Consonants

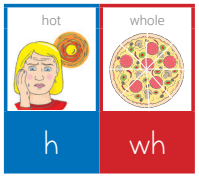


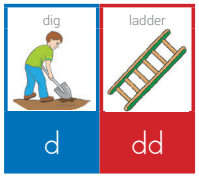


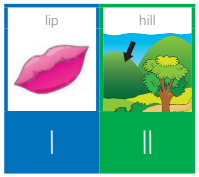


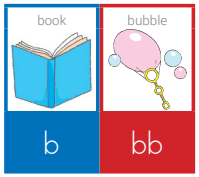


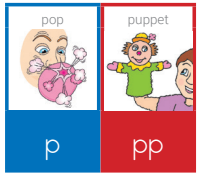


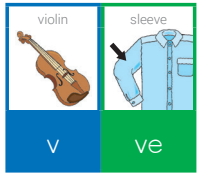


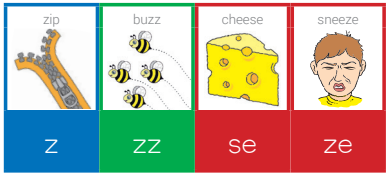


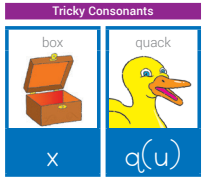


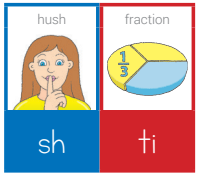


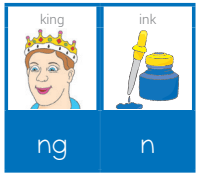




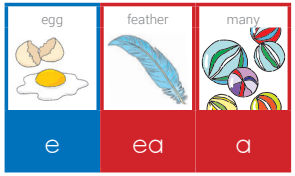


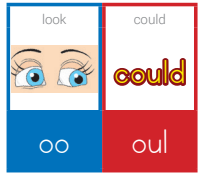


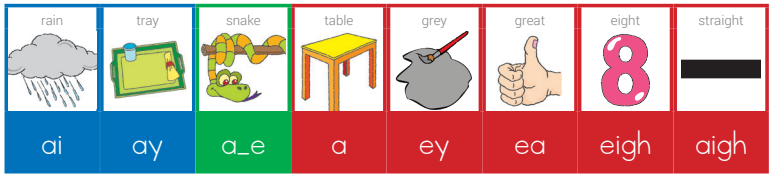


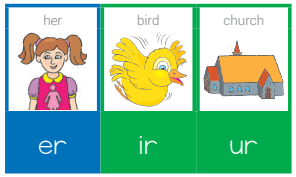


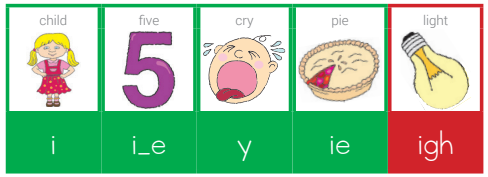
Vowels

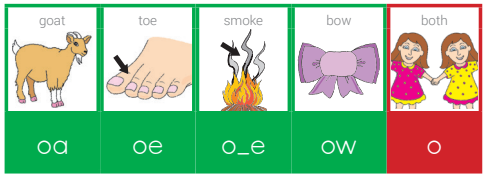


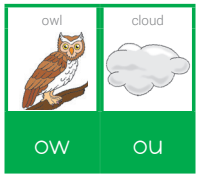


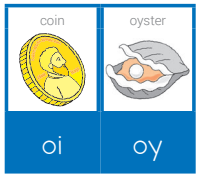


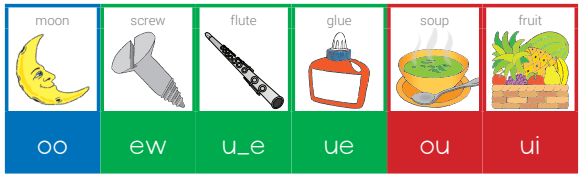


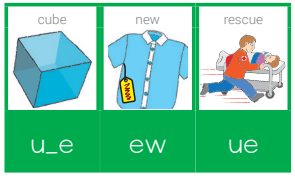


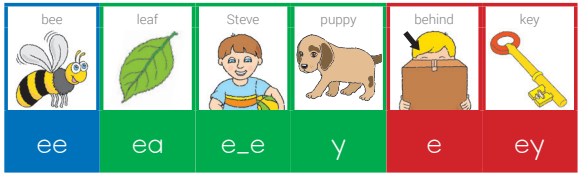


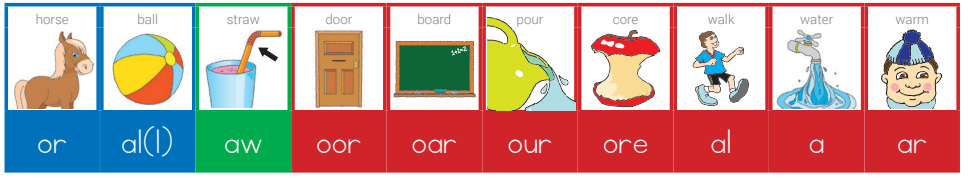


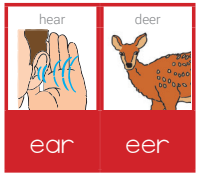


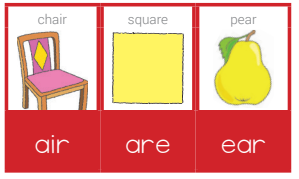


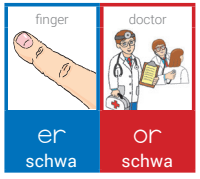












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Late Stage 3

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From
Year 3

Late Stage 3

High Frequency Words

An evidence-based approach to teaching high frequency words within a structured synthetic phonics program.

/e/

a as in many
- any
- many

ea as in feather
- breakfast
- dead
- head

/or/

a as in water
- almost
- also
- always

al as in walk
- talk
- walk

le (schwa +l)

le as in table
- apples
- jungle
- little
- table
- uncle

/schwa/

or as in doctor
- doctor
- motorbike

Multisyllable
- children
- idea
- Indian

/ai/

ea as in break
- great

wh (as h)

wh as in whole
- whole

double letters
- happened
- lollies
- rabbit
- soccer
- suddenly
- summer
- butterfly

/ee/

e as in behind
- began
- begin
- being
- before

-y as in baby
- baby
- carry
- every
- everyone
- everything
- family
- very

/short oo/

oul as in could
- could
- should
- would

/long oo/

ou as in soup
- group

o_e as in move
- move

High Frequency Words containing more complex patterns

g as /j/
- giant
- magic

/schwa/
- colour
- favourite

ie as /ee/
- field
- movie

o as /u/
- brother
- front

a as /ar/
- afternoon
- basketball
- class
- fast

ou as /u/
- enough
- young
- country
- cousin

ough as /oo/
- through

ough as /or/
- bought
- brought
- thought

prefixes
- computer
- decided
- example
- important

Irregular High Frequency Words

partly decodable

mountain	police
school	lion
special	trampoline
heart	picture
eight	music

irregular spelling
- restaurant
- friend
- eye
- pizza
- minute
- once
- beautiful

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High frequency word lists are based on an amalgamation of high frequency lists commonly used in Australia. Our unique approach allows children to learn more high frequency words with less effort by teaching the right words at the right time and in the right way.

Consonants

Vowels

snake	dress	house	face	tiger	kettle
s	ss	se	ce	t	tt

apple	egg	feather	many	itchy	octopus	up	look	could
a	e	ea	a	i	o	u	oo	oul

nose	knee	dinner
n	kn	nn

cat	kangaroo	clock	soccer
c	k	ck	cc

rain	tray	snake	table	grey	great	eight	straight
ai	ay	a_e	a	ey	ea	eigh	aigh

her	bird	church
er	ir	ur

mix	hammer	lamb
m	mm	mb

hot	whole
h	wh

dig	ladder
d	dd

rabbit
r

child	five	cry	pie	light
i	i_e	y	ie	igh

goat	toe	smoke	bow	both
oa	oe	o_e	ow	o

goggles	egg
g	gg

lip	hill
l	ll

five	cliff	phone
f	ff	ph

book	bubble
b	bb

owl	cloud
ow	ou

coin	oyster
oi	oy

moon	screw	flute	glue	soup	fruit
oo	ew	u_e	ue	ou	ui

pop	puppet
p	pp

wind	whip
w	wh

violin	sleeve
v	ve

chop	witch
ch	tch

cube	new	rescue
u_e	ew	ue

star
ar

bee	leaf	Steve	puppy	behind	key
ee	ea	e_e	y	e	ey

zip	buzz	cheese	sneeze
z	zz	se	ze

yell
y

Tricky Consonants

box	quack
x	q(u)

hush	fraction
sh	ti

horse	ball	straw	door	board	pour	core	walk	water	warm
or	al(l)	aw	oor	oar	our	ore	al	a	ar

jet	hinge	bridge	budget
j	ge	dge	dg

thumb
th

feather
th

king	ink
ng	n

table
le schwa

hear	deer
ear	eer

chair	square	pear
air	are	ear

finger	doctor
er schwa	or schwa

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- many

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- breakfast
- dead
- head

le (schwa +l)

le as in table
- apples
- jungle
- little
- table
- uncle

/ai/

ea as in break
- great

/or/

a as in water
- almost
- also
- always

al as in walk
- talk
- walk

/schwa/

or as in doctor
- doctor
- motorbike

Multisyllable
- children
- idea
- Indian

wh (as h)

wh as in whole
- whole

double letters
- happened
- lollies
- rabbit
- soccer
- suddenly
- summer
- butterfly

/ee/

e as in behind
- began
- begin
- being
- before

-y as in baby
- baby
- carry
- every
- everyone
- everything
- family
- very

/short oo/

oul as in could
- could
- should
- would

/long oo/

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o_e as in move
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- front

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- afternoon
- basketball
- class
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- cousin

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- brought
- thought

prefixes
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- decided
- example
- important

Irregular High Frequency Words

partly decodable
- mountain
- school
- special
- heart
- eight
- police
- lion
- trampoline
- picture
- music

irregular spelling
- restaurant
- friend
- eye
- pizza
- minute
- once
- beautiful

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